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Starting your locs

STARTING YOUR LOCS

Patience helps when growing locs: they don't form overnight. Sections take 4 to 6 months on average to take on a locced texture, and locs get more beautiful with the years.

In the first months, avoid wetting your hair too much or using too much grease: it prevents the locs from budding.

BEFORE YOU START

- 1 Be motivated** The first 6 months
In the first months there will be moments of doubt: budding takes time and those around you don't always understand. If it's your decision, hold on.

CHOOSING YOUR STARTING METHOD

- 2 Three starting techniques** At the salon
Instant (crochet interlocking): locs right away, looking like they've been worn for 8 months. Latching: an already locced look while keeping your length. Twist: hair coiled into tubes.
- 3 The right length** 5 cm minimum
From about 5 cm of hair, starting locs is possible. Relaxed hair can keep its length, but budding will take longer.

SIZE AND PARTING PATTERN

- 4 Thin, medium or thick** Recommended at the salon
The choice depends on your wishes, your face shape and your hair thickness. Locs gain a few millimeters as they form.
- 5 The parting pattern** 4 patterns
Triangle, rounded, diamond, square or rectangle: choose the one that suits you, Amazing Locks will guide you.

THE FIRST WEEKS

- 6 Frizz** Normal
It can be annoying, but it's thanks to it that the loc takes shape. If it stays, it can be tucked in with a crochet hook or trimmed.

GOOD TO KNOW

- 7 Not too much oil** The first months
At the start, the goal is to tangle and bud the hair: avoid oils and moisturizers that are too rich.
- 8 From the root?** New growth
Budding starts a few centimeters from the root: with every shampoo, you quickly see the new growth that isn't locced yet.